S: When Priest says “Sanctus, Sanctus, Sanctus...”, make a Deep Bow and Ring Bell Thrice.
P: Benedicat... S: Make Sign of the Cross. CANON of the Mass Begins.
P: Hanc Igurat... S: Ring Bell once and approach Altar at right of Priest; no Genuflection.
S. After each Consecration of the Holy Body and Blood of our Lord, make a Deep Bow.
S. After each Consecration, during Priest’s First Genuflection, Deep Bow and Ring Bell.
During the Major Elevation, Kneel erect and raise Priest’s Chasuble and Ring the Bell.
During Priest’s Second Genuflection, release Chasuble, Deep Bow and Ring the Bell.
S. Return to Bottom Step at Center of Altar, Genuflect, and kneel on Epistle Side.
Before leaving the “Pater Noster”, Priest says “Nobis Quique Peculatoribus...” aloud during the
Canon, performs the Minor Elevation, Genuflects and then says:
The Priest now prays the Pater Noster. At the end of the Pater Noster, he says:
P: Et ne nos inducas in tentationem.

When the Priest says “Nobis Quoque Peccatoribus...” aloud during the Canon, performs the Minor Elevation, Genuflects and then says:
P: Emitte lucem tuam... et introibo ad Altare Dei: ad Deum
Communion:
S: Confiteor...nostrum.
P: Misereatur...aeternam.
S. Kneel erect and Sign yourself as Priest says:
P: Indulgentiam... Dominus.
S: During Holy Communion, hold Paten under chin of each communicant.
S: Return Paten to Priest and, on low step, genuflect at Center of the Altar when Priest
does in front of the Altar. Then kneel at Epistle Side. After Priest returns purified Paten to you, make a Deep Bow while Hosts are returned into the Tabernacle.
S. Once Tabernacle is closed and locked, rise and get Wine and Cruets, and perform the First Ablution at Center of the Altar, and return back to side of the Altar.
S. When Priest approaches for the wine and water for the Second Ablution, make a
Moderate Bow before and after Pouring, and return both Cruets to Credence Table.
S. Transfer Chalice Veil, Genuflecting when passing the Center of the Altar.
S. Transfer Altar Missal, Genuflecting when passing the Center of the Altar.
S. Go around Altar, Genuflecting when passing Center of Altar, and kneel on Gospel side.
After reading the Communion Prayer, Priest returns to center of the Altar and says:
P: Dominus vobiscum. S: Et cum spiritu tuo.
The Post-Communion Prayer(s):
P: Oremus. S: Simple Bow
P: Per Dominum nostrum Jesum Christum... S: Simple Bow
P: Per omnia saecula saeculorum.
S: Amen. S. Recite also after last prayer when there is more than one.
Returning to the Center of the Altar, the Priest faces the people and says:
P: Dominus vobiscum. S: Et cum spiritu tuo.
P: Amen.
At the beginning of the Last Gospel: S: Rise immediately as the Priest says:
P: Dominus vobiscum. S: Et cum spiritu tuo.
S: Gloria tibi, Domine. S: Rise and make Triple Sign on forehead, lips, and breast.
P: Go to Epistle side, Genuflect when passing Center of the Altar, and face towards Priest.
S: Genuflect at the words, “ET VERBUM CARO FACTUM EST.”
At the end of the Last Gospel: P... S: Deo Gratias.
P: Kneel during Prayers after Low Mass to the immediate right of the Priest.
P: Alter prayer... stand, get Priest’s Biretta from Credence Table, return to Center of the
Altar, Genuflect with Priest, give Biretta back to Priest, and return to the Sacristy.

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* Omitted in Masses for the Dead.
At the middle of the Altar after the reading of the Introit:
P: During “Gloria”, Simple Bow Six Times (“Jesu Christe”, etc.) and Make the Sign of the Cross at “Cum Sancto Spiritu † in Gloria Dei Patris. Amen.” After the Gloria (or after the Kyrie Eleison if the Gloria is not said):
P: Dominus vobiscum.  S: Et cum spiritu tuo.
The Collect(s):
P: Oremus.  S: Simple Bow
P: Per Dominum nostrum Jesum Christum.  S: Simple Bow
P: Per omniam saeculam saeculorum.  S: Amen.  (There may be more than one).
The Epistle:
P: Lectio Epistolae… (hand touches Altar to signal end of Epistle).
S: Gloria tibi, Domine.  S: Make Triple Sign.

S: Stike your breast three times and say:
mea culpa, mea culpa, mea maxima culpa.
may’ah cool’pa, may’ah cool’pa, may’ah mock’ee-ma cool’pa.

Ideo precor beatam Mariam semper Virginem,
ee’day’oh pray’cor bay-ah’tahm Mah-reh’ee-ahlm sem’pair Vee’ jee’em, forto’om Mee-kah-ay’lem ark-ah’jay-loom, bay-ah’toom
Joannem Baptistam, sanctos Apostolos Petrum
Jo-ah’nem Bahlp-tee’stahlm, sahnk’tose Ah-po’sto-loose Pah’troom
et Paulum, omnes Sanctos,
ett Pow’loom, om’nays Sahnk’tose

S: With head and body Deeply Bowed, turn towards the Priest and say:
et te, Pater,
ett tay, Pah’tair,

S: Turning again toward the Altar, continue:
orare pro me ad Dominum Deum nostrum.
oh-rah’ray pro may odd Doe’ mee-noom Day’oom nos’troom.
S: Remain with head and shoulders Deeply Bowed while the Priest says:
P: Misereatur vestri omnipotens Deus, … ad vitam aeternam.
S: Kneeling erect, answer:  S: Amen.  Ah-men’
S: Make the Sign of the Cross with the Priest as he says:
P: Indulgentiam, † absolutionem et remissionem … Dominus.  S: Amen.  P: Moderately Bow Head;
P: Deus, tu conveneris vivificabis nos.
S: Et plebs tua laetabitur in te.
Ett playbs too’ah lay-tah’bee-toor in tay.
P: Ostende nobis, Domine, misericordiam tuam.
S: Et salutare tuum da nobis.
Ett sah-loo’rah’ay too’oom dah no’beese.
P: Domine exaudi orationem meam.
S: Et clamor meas ad te veniat.
Ett clah’more may’ose odd tay vay’nee-ott.
P: Dominus vobiscum.
S: Et cum spiritu tuo.
Ett coom spee’ree-too’oh’.
P: Oremus.
S: Slightly lift the front of the Priest’s Alb as he ascends up to the Altar. Stand, turn left, move towards the edge of the Gospel Side, turn right and kneel on the Top Step.
S: Make the Sign of the Cross † as the Priest begins the Introit and make a Simple Bow near the end of the Introit when the Priest says the words “Gloria Patri…”.

At the middle of the Altar after the reading of the Introit:
P: During “Gloria”, Simple Bow Six Times (“Jesu Christe”, etc.) and Make the Sign of the Cross at “Cum Sancto Spiritu † in Gloria Dei Patris. Amen.” After the Gloria (or after the Kyrie Eleison if the Gloria is not said):
P: Dominus vobiscum.  S: Et cum spiritu tuo.
The Collect(s):
P: Oremus.  S: Simple Bow
P: Per Dominum nostrum Jesum Christum.  S: Simple Bow
P: Per omniam saeculam saeculorum.  S: Amen.  (There may be more than one).
The Epistle:
P: Lectio Epistolae… (hand touches Altar to signal end of Epistle).
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S: Kneeling erect, answer:  S: Amen.  Ah-men’
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